

EMERGENCY PREPAREDNESS

“GET A KIT”

PUT TOGETHER AN EMERGENCY SUPPLY KIT

In the event of a disaster you will need some basic supplies set aside to last for at least 72 hours. Your emergency supply kit should include canned or dry non-perishable food, a can opener, bottled water, a battery-powered or hand-crank radio, extra flashlights and batteries.

Get a kit for home and keep one in your car and a kit a work.

HOME
<ul style="list-style-type: none">○ Your disaster supplies kit should contain essential food, water, and supplies for at least three days.
<ul style="list-style-type: none">○ Keep this kit in a designated place and have it ready in case you have to leave your home quickly. Make sure all family members know where the kit is kept.
<ul style="list-style-type: none">○ Additionally, you may want to consider having sheltering supplies for up to two weeks and a well stocked pantry with non-perishable food items.
<ul style="list-style-type: none">○ In case you need to EVACUATE, make sure you have a separate “to-go bag” ready so that you are self-sufficient for at least 72 hours. It's a good idea to put your emergency kit in a backpack, duffel bag or suitcase with wheels. If you have to evacuate, you can easily bring it with you.
<ul style="list-style-type: none">○ Your “to-go bag” should contain:<ul style="list-style-type: none">a. water and non-perishable foods;b. battery operated radio and batteries so you can get important information from local officials;c. First aid kit;d. Flashlight;e. Maps;f. Important documents such as proof residence, pictures of your family including pets, insurance policies, and tax records;g. Comfortable clothing and blankets;h. Unique family needs such as prescription medications, pet supplies, infant supplies or any other unique needs your family may have.

Work
<ul style="list-style-type: none"> ○ This kit should be in one container, and ready to “grab and go” in case you are evacuated from your workplace.
<ul style="list-style-type: none"> ○ Make sure you have food and water in the kit. Also, be sure to have comfortable walking shoes at your workplace in case an evacuation requires walking long distances.

Car
<ul style="list-style-type: none"> ○ Extra quantities of prescription medications and medical supplies;
<ul style="list-style-type: none"> ○ Bedding and clothing, including sleeping bags and pillows;
<ul style="list-style-type: none"> ○ Food, bottled water, a battery-operated radio and extra batteries, a first aid kit, a flashlight, flares, jumper cables and seasonal supplies;
<ul style="list-style-type: none"> ○ Copies of important documents: driver’s license, social security card, proof of residence, insurance policies, wills, deeds, birth and marriage certificates, tax records, etc. You may wish to scan the documents and keep them on a key.

For further information on please visit:

- FEMA: Assemble a Disaster Supplies Kit
<http://www.fema.gov/plan/prepare/supplykit.shtm>
- GetPrepared.ca: Get a Kit
<http://www.getprepared.gc.ca/knw/kt/kt-eng.aspx>
- Australian Government: Visual Emergency Survival Kit [PDF]
[http://www.ema.gov.au/www/emaweb/rwpattach.nsf/VAP/\(99292794923AE8E7CBABC6FB71541EE1\)~Preparing+for+the+Unexpected+Survival+Kit.pdf/\\$file/Preparing+for+the+Unexpected+Survival+Kit.pdf](http://www.ema.gov.au/www/emaweb/rwpattach.nsf/VAP/(99292794923AE8E7CBABC6FB71541EE1)~Preparing+for+the+Unexpected+Survival+Kit.pdf/$file/Preparing+for+the+Unexpected+Survival+Kit.pdf)
- Government of New Zealand: Get Ready Get Thru brochure [PDF]
[http://www.getthru.govt.nz/web/GetThru.nsf/vwluResources/getthrubrochure/\\$file/getthrubrochure.pdf](http://www.getthru.govt.nz/web/GetThru.nsf/vwluResources/getthrubrochure/$file/getthrubrochure.pdf)
- Papua New Guinea Disaster Awareness Action Guide
<http://www.pngbuai.com/000general/disaster-emergency/disaster-awareness-png.html>

Focus Humanitarian Assistance (FOCUS) is affiliated with the Aga Khan Development Network, a group of institutions working to improve opportunities and living conditions, for people of all faiths and origins, in specific regions of the developing world. Underlying the establishment of FOCUS is a history of successful initiatives to assist people struck by natural and man-made disasters in South and Central Asia, and Africa.

For information on FOCUS, visit. <http://www.akdn.org/focus>